

The meaning of life. We're all searching for it, but what is it, really? According to Heidi Kole, author of The Subway Diaries, it's about finding your passion. "The thing you can do every day that makes you smile – it can be more than one thing, but that's what life is all about," says Heidi.

Heidi found her passion in what some may call an odd place, the subways of New York City. Heidi has been driven by music her entire life. A singer, songwriter, actress, and stunt woman, among other talents, Heidi found her true calling among the underground trains of the city, performing music for the people who come and go in and out of the city by the minute. Driven to the underground by her friend and physical therapist after a rather debilitating accident, Heidi experienced a change as a person and as a musician, "Ileft something there when I performed, which kept me coming back. Ifelt completely at peace, completely free. Then I realized what left was my ego. You gotta check your ego before you can play down there."

In her book, Heidi gives a personal look at the subculture of the subway musicians to anyone who may wonder what goes on underground. "People make a lot of assumptions about people playing underground," she tells me, "a lot of people think 'Oh, these poor homeless people,' or 'Why aren't they in bars or clubs playing?" and her book gives an insider's look that this is not always the case.

For Heidi, she has performed in multiple venues before heading underground; from cruise ships to off Broadway, national tours to TV and film and loving them all. Yet it was underground that Heidi found what she was searching for artistically; a truth and a passion that she now carries over into all of her artistic endeavors on stage, film, television, and radio. "Being underground is one of the last places an artist can be an artist and do what they want. I can create my own world, my universe, daily. The trains give me a place to be free." Performing in the subway subculture provides its own set of adventures unique to performing anywhere else in the world. A big thrill for Heidi is finding the right spot. Finding an area where enough people are coming and going is a challenge and adventure of its own. While musicians do perform for money, which would dictate a crucial spot full of people, it's not just the money that drives Heidi to find the perfect spot and play her best. Actually touching someone is more meaningful than the money, "Hearing someone say 'you've changed my day' or 'I missed my train or got off the train because I heard your voice' means so much more than a dollar. It completes my day."

When asked if she had any advice for newcomers to the subway music scene, Heidi says when you first go down, commit yourself to a certain amount of time and actually stay for the amount of time you've committed to. Know that some days will be better than others. "Playing in the subways can at first be very intimidating, so take notice of where other musicians play and find a spot where you are comfortable and mostly don't worry about what anyone may be thinking. Sing what you love and with conviction and it will convey" She also advises to always bring water and make sure you use the bathroom before you start. There are no bathrooms underground and once you find a spot you like you definitely don't want to leave it.

When talking to Heidi, it is evident that this is her true passion in life and she is very in love with the music happening underground in the subway stations, "I often find myself on the platforms feeling that if I died right now, I'd die happy. That's what happens when you're living your truth, in anything."

The Subway Diaries can be found at all online outlets and is available for all eReaders. It can also be found at the Barnes and Noble on 14th Street Union Square and several stores in Hell's Kitchen, as well as the Transit Museum at Grand Central Station and Politics and Prose in Washington, D.C. Or, you can visit her website to order an autographed copy. Follow Heidi on Twitter at HeidiKole and on Facebook at HeidiKole or SubwayDiaries.

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